**CAREER 101 LIFE & CAREER COACHING**

**FROM THE DESK OF THE DEAN**

**SOCIAL & CULTURAL INVENTORY**

**TOPIC 2**

This tool was developed to heighten your awareness of how you view associations and colleagues from culturally and linguistically diverse populations. Ratings:1 Things that I always do -- 2 Things that I sometimes do 3 -- Things that I rarely do

**\*There is no answer key; however, you should review responses that you rated a 3 or even a 2.**

\_\_\_ I include associations/colleagues and their families as partners in determining outcomes for dealing changes that need to be made to inappropriate behavior.

\_\_\_ I recognize differences in narrative styles and pragmatic behaviors that vary across cultures.

\_\_\_ I try to learn about acceptable behaviors and customs that are prevalent in my associations/colleagues cultures.

\_\_\_ I consider my associations/colleagues beliefs in both traditional and alternative ways to live one’s life.

\_\_\_ I respect my associations/colleagues decision to seek alternative approaches to their health, lifestyle and religion.

\_\_\_ I understand that some individuals may have different reading, math and IQ levels because

of their upbringing.

\_\_\_ I provide positive feedback and positive non-verbal messaging when I deal with people who do not speak English but are telling a story or conveying a message to me or others.

\_\_\_ I seek assistance or try to understand a non-English speaker who is trying to convey a message to me..

\_\_\_ I am very approachable walking down a street while others are coming in the opposite direction even smiling and saying hello rather than looking down or to my cell phone.

\_\_\_ In a social setting, I ask questions about someone or something before engaging in my agenda or story.

\_\_\_ I tend to attend socially uncomfortable settings and engage with others in order to assimilate while trying to learn how to overcome my discomfort.

\_\_\_ I ask my associations/colleagues to provide feedback about how I am treating them or have handled a situation?

\_\_\_ I like to know the social situation or room thoroughly before entering?

\_\_\_ I consider myself very open to differences in people’s genders, religions, social status etc.

\_\_\_ I go out of my way to learn more about people that I am uncomfortable with or that do not share the same beliefs as I.

\_\_\_ I consider associations/colleagues norms and preferences when planning:

\_\_\_ Small Group outings

\_\_\_ Community outings

\_\_\_ Holiday celebrations

\_\_\_ Meals, snacks

\_\_\_ Dorm, Apartment or Home Life

\_\_\_ One on one or group project work

\_\_\_ I allow for alternative methods of sharing experiences and communication, such as:

Story telling

\_\_\_ Use of props to support the “oral tradition” that is prevalent in some cultures.

\_\_\_I allow for alternatives to formal written communication, which may be preferred, such as:

\_\_\_ Communicating verbally

\_\_\_ Testing

\_\_\_ Social media

\_\_\_ When communicating with associations/colleagues that are not of the same social or cultural background, I use:

\_\_\_ Key words or slang

\_\_\_ Gestures/physical prompts

\_\_\_ Do not try to engage

\_\_\_ I am aware that individuals today come from very different socioeconomic and cultural

backgrounds; consequently, I am much more patient with those people. from my clients’ racial/ethnic background may have a higher incidence of specific disorders/diseases that may have implications for speech, language and hearing, including:

\_\_\_ I am much more patient

\_\_\_ Less patient

\_\_\_ Not patient at all

**TOPIC 2**

**SOCIAL & CULTURAL INVENTORY**

**DISCUSSION QUESTION 1**

What surprised you about your social/cultural inventory?

**DISCUSSION QUESTION 2**

Based on your Social- Cultural Inventory what should you focus more on that you thought was important to you?

**DISCUSSION QUESTION 3 – SET UP CALL WITH THE DEAN**

**Please have your questions and assignments available to discuss in a 15-30 minute block.**